

RACER INFORMATION

Dear RUNNERS,

Once again thank you for registering for the upcoming Aspen Backcountry Marathon and Half Marathon on 8/11.

We hope that your training has been successful and that you have planned to taper for a few days prior to race day if not for the upcoming week. The profile of the course can be found on the race website. If you haven't seen it then please have a look as both courses have some great climbing.

RACER INFO and PACKET PICK UP: Please download the [racer guide](#) and review all details there. Last updated on 8/3/18

Please remember that we are officially a **CUPLESS** race and are asking participants to work within the principles of *Leave No Trace* and be as self-supporting as possible. A reusable and compressible cup will be sold at packet pick up for \$6 from Ultraspire, limited quantities available. There will not be any cups provided on course. We will have trash bins as well as food and drinks at the various aid stations. Absolutely NO trash can be left on course except in the aid station trash bins.

Additionally, we recommend either hand held water bottles or a running vest that can hold not only calories and hydration but also a recommended minimal layer in case of rain or lower temperatures.

Timing Chips / Packet Pick-Up – will be at the Red Brick Center for the Arts from 4-6pm on Friday, August 10. There will be a **Pre-Race Meeting starting at 5:45pm** with course info and Q&A. Address: 110 E Hallam Street, suite 106 – enter building at Garmisch Street.

Race Day: There will be packet pickup at both starting lines one hour before the start time.

Marathon: 6:30am start on the Pedestrian Mall – Mill Street and Cooper Avenue intersection.

Half Marathon: 7:30am start at Rio Grande Park.

Post Race – plan for a solid finish and then celebrate with friends, family and fellow racers at the finish area in Rio Grande Park. At the finish, racers will receive a stainless-steel pint cup with a food and drink ticket to use at the vendors in the park. The finish will be during the Ducky Derby Festivities and

everyone is welcome and encouraged to participate – there will be food/drink vendors and games for the kids (tickets required).

Also, we will have a Recovery Zone where you can get massages and stretch out on mats with rollers and more.

If you're running and you have a friend or spouse that would like to share in your race experience, please let us know, we're looking for volunteers for Aid Stations and help in Rio Grande Park. Please contact Toni Case at 970-429-2098.

Please note that Pitkin County requires **that all participants obtain a valid CORSAR card for the day of the event.** These are available at the [Ute Mountaineer](#) (open until 8pm) and or to purchase online, [click here](#) **Cost:** \$3.00 for a one year card; \$12.00 for five years

Thanks Again for your participation and we'll see you soon.

Regards,

Aspen Backcountry Marathon Race Committee

